



Pesto Pizza

- 1 (10-ounce) prepared pizza crust
- 3 tablespoons pesto sauce
- 1 3/4 cups plum tomato, sliced 1/4" thick
- 1 cup (4 ounces) shredded part-skim mozzarella cheese

Preheat oven to 450°. Place pizza crust on a baking pan and spread pesto on top. Arrange tomato slices in a single layer on top, and sprinkle with cheese. Bake at 450° for 10-15 minutes or until golden brown. Makes 4 servings.

Nutrition information per serving: 320 calories, 17 grams protein, 13 grams fat, 37 grams carbohydrate, 650 mg sodium.