

Cheesy Beef – Pureed



1/2 cup seasoned ground beef (taco meat)
1 wedge Laughing Cow Creamy Queso Fresco Chipotle

Add ingredients to blender. Blend until smooth. Place one serving in a loosely covered container and microwave until heated. Makes 1 serving.

Nutrition information per serving: 126 calories, 8 grams protein, 3 grams fat, 17 grams carbohydrate, 696 mg sodium.